



Cognitive Behaviour Therapy in Palliative Care

**Monday 10th Tuesday + 11th May 2010
'follow up' day Monday 21st June 2010**

This course is primarily for health care clinicians working in palliative care with a generic role in providing psychological support. It will combine didactic and experiential teaching and provide opportunities to practice CBT skills. The 2 days are followed by a third day (June 21st). This 3 day course is designed to introduce healthcare professionals to CBT skills, to enhance their usual practice with their patients.

Places are limited to 20

Participants will have the opportunity to:

- Understanding the psychological impact of the changing course of physical illness
- Understanding the use of the cognitive model in palliative care settings
- Developing CBT skills in conceptualising and planning interventions
- Sharing experiences of taking CBT skills into practice



Please reserve me places @ £300 per person (inc lunch)

Name Title

Address

Tel No.

Please return to:

Trish Atkinson, St Catherine's Hospice, Throxenby Lane, Scarborough YO12 5RE.

Tel: 01723 356022 Fax: 01723 356033 E-mail: trish.atkinson@st-catherineshospice.org.uk

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Payment six weeks prior to the event.

Unless otherwise stated for specific courses, the following administration charges will be made for cancellations:

- Up to 30 working days before the event - 10% of course fee.
- From 29-15 working days before the event - 25% of course fee.
- Less than 15 working days before the event or non-attendance - no refund.

A colleague may replace you on the day we would like to be informed of this substitution in advance.