

I enclose a cheque for £  made payable to The Royal Society of Medicine

**OR:** I wish to pay by:  Visa  Mastercard  AMEX  Switch  Delta  
Card/Switch number

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Expiry date     Start date

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Issue No.\*     CVV\*\*

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Cardholder's name and address (if different from over the page)

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\*Switch only \*\*The CVV no. is the last 3 digits (4 for AMEX) on the signature strip on the back of your card.

Please invoice my employer/organisation

(please note that registrations WILL NOT be accepted without payment unless your employer is to be invoiced)

Name <input type="text"/>
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Purchase order No <input type="text"/>
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Daytime tel <input type="text"/>
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Email <input type="text"/>
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Address <input type="text"/>
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Postcode <input type="text"/>
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Please return your form by Friday 25 March 2011:

Nevena Marjanovic, Academic Department,  
Royal Society of Medicine,  
1 Wimpole Street, London W1G 0AE

Book online at: [www.rsm.ac.uk/diary](http://www.rsm.ac.uk/diary)

Email: [regions@rsm.ac.uk](mailto:regions@rsm.ac.uk)

Tel: +44 (0) 20 7290 2980

Fax: +44 (0) 20 7290 2989

If you are not a Member of the RSM please tick here if you do not wish to receive future mailings from the Royal Society of Medicine.

Places are only guaranteed upon written confirmation. If, after sending us your payment you decide to cancel, you have 7 days in which to do so in writing, by fax or email and a full refund will be given. After this time refunds will incur a 15% administration charge. We regret no refunds will be given for cancellations received 4 days or less prior to the meeting. Substitutions may be made at any time without charge. Cheques must be in sterling drawn on a UK bank account. Acceptance is at the discretion of the event organiser. Registrations will not be accepted over the telephone. In the event that the RSM cancels the meeting, our liability will be limited to registration fees already paid to the Society for the meeting. Details correct at time of printing but may be subject to change.

Office use only  
Delegate:  
Finance: REB06  
Campaign code:

#### Venue:

Spa Complex  
South Bay, Scarborough, North Yorkshire,  
United Kingdom YO11 2HD

The Spa Complex is situated on the South Bay, Scarborough.  
Travelling to Scarborough is accessible via road, rail, sea, and by air.

#### By Road:

From South: M1 to A1 to A64 to Scarborough. M1/M18 to M62 to Hull then A63/A165 (coastal route ) to Scarborough  
From North: A1/A19 to A171 or A170 to Scarborough  
From West: M62 to Hull then A63/A615 ( coastal route ) or M62 to M1 then A64 to Scarborough.

#### By Rail:

Regular Inter city trains run from London and Edinburgh, change at York for Scarborough. Coast to coast lines run daily, calling at all major cities; Liverpool, Manchester, Leeds, York, Scarborough.

[www.rsm.ac.uk/diary](http://www.rsm.ac.uk/diary)  
[regions@rsm.ac.uk](mailto:regions@rsm.ac.uk)  
+44 (0) 20 7290 2980

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Royal Society of Medicine  
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The ROYAL  
SOCIETY of  
MEDICINE



Saint Catherine's Hospice

A TWO-DAY CONFERENCE ORGANISED BY THE ROYAL SOCIETY OF MEDICINE  
IN ASSOCIATION WITH SAINT CATHERINE'S HOSPICE

## Palliative care: The final frontier

Thursday 31 March – Friday 1 April 2011 • 5 credits each day (applied for)

Venue: The Spa Complex, Scarborough

[www.rsm.ac.uk/diary](http://www.rsm.ac.uk/diary)



## Palliative care: The final frontier

Thursday 31 March – Friday 1 April 2011

This two day conference brings together leading experts in palliative care and related specialities to provide important updates in palliative and end of life care, tackling a range of problems faced by those working in the field.

The overall aim is to pose the challenge of delivering appropriate services across a diverse range of conditions from the perspective of the individual person and their professional carers.

THURSDAY 31 MARCH		12.00 pm	
<b>8.30 am</b>	<b>Registration and coffee</b>	<b>12.45 pm</b>	<b>The daily lived reality</b> Mrs Sue Herdman Carer, Scarborough
<b>9.00 am</b>	<b>Welcome address</b> RSM Honorary Fellow Speaker to be confirmed	<b>1.00 pm</b>	<b>Q&amp;A</b>
<b>Chair:</b>	Dr Miriam Johnson, Senior Lecturer in Palliative Medicine, Hull-York Medical School and Honorary Consultant to Saint Catherine's Hospice, Scarborough	<b>2.00 pm</b>	<b>Lunch</b>
<b>9.15 am</b>	<b>Introduction to the day consulting room</b> Dr Miriam Johnson		<b>WORKSHOPS:</b> Please choose from one of the following: <b>1) A practical application to the mental capacity act</b> Dr Colin Campbell, Hospice Medical Director, St Catherine's Hospice, Scarborough
<b>9.20 am</b>	<b>Cachexia – Current understanding &amp; management</b> Dr Andrew Wilcock, Clinical Reader in Palliative Medicine and Consultant Physician, Nottingham City Hospital		<b>2) Management of delirium</b> Dr Jason Ward, Palliative Care Consultant and Dr Jenny Smith, SpR, St Gemma's Hospice, Leeds
<b>10.00 am</b>	<b>Sedation at the end of life... Current understanding and management</b> Dr Max Watson, Consultant and Senior Lecturer in Palliative Care, Northern Ireland Hospice		<b>3) Role of exercise in palliative care</b> Dr Sara Booth, Macmillan Consultant in Palliative Medicine
<b>10.45 am</b>	<b>Coffee break</b>		<b>4) Master-class in symptom control</b> Dr Sarah Callin, Palliative Care Consultant, St Catherine's Hospice Scarborough
<b>11.15 am</b>	<b>Managing breathlessness</b> Dr Sara Booth, Macmillan Consultant in Palliative Medicine, Addenbrookes, Cambridge		

## Palliative care: The final frontier

Thursday 31 March – Friday 1 April 2011

<b>3.10 pm</b>	<b>Tea break</b>		<b>Proposer:</b> Professor Irene Higginson, Professor of Palliative Care and Policy, King's College, London Life Studies
<b>3.40 pm</b>	<b>'Techy' solutions – elearning</b> Dr Andrew Thorns Consultant and Honorary Senior Lecturer in Palliative Medicine, Pilgrims Hospices in East Kent and East Kent Hospitals University NHS Foundation Trust, University of Kent		<b>Opposers:</b> Professor Jane Seymour, Professor in Palliative and End of Life Studies, Queen's Medical Centre, Nottingham Dr Gill Horne, Director of Patient Care, Rowcroft Hospice, Torquay
<b>4.20 pm</b>	<b>Telemedicine in pain control</b> Dr Mike Bennett, Professor of Palliative Medicine, Lancaster University	<b>12.15 pm</b>	<b>Lunch</b>
<b>5.00 pm</b>	<b>Completion of evaluation forms and close of day one</b>	<b>1.00 pm</b>	<b>WORKSHOPS:</b> Please choose from one of the following: <b>1) Compassion/fatigue burn out</b> Dr Max Watson, Consultant and Lecturer in Palliative Care, Northern Ireland Hospice
<b>FRIDAY 1 APRIL 2011</b>			
<b>8.30 am</b>	<b>Registration and coffee</b>		<b>2) Role of exercise programme in palliative care</b> Dr Sara Booth, Macmillan Consultant in Palliative Medicine, Addenbrookes, Cambridge
<b>9.00 am</b>	<b>How do clinicians make decisions?</b> Dr Paul Taylor, Clinical Research Fellow, Hull-York Medical School, York		<b>3) Masterclass in symptom control</b> Dr Carina Saxby, Palliative Care Consultant, St Catherine's Hospice, Scarborough
<b>9.45 am</b>	<b>Decision making – a practical example. How Doctors decide about the management of patients with venous thromboembolism and advanced cancer?</b> Professor Dawn Dowding, University of Leeds, Leeds		<b>4) Management delirium</b> Dr Jason Ward, Palliative Care Consultant and Dr Jenny Smith, SpR, St Gemma's Hospice, Leeds
<b>10.30 am</b>	<b>Coffee break</b>	<b>2.15 pm</b>	<b>Raising the profile – engaging the media</b> Professor the Baroness Iora Finlay of Llandaff, Professor of Palliative Medicine and Independent Crossbench member of the House of Lords
<b>11.00 am</b>	<b>Debate: This house believes that patients should always be supported in their preferred place of death</b> <b>Chair:</b> Dr Julian Fester, GP Egton Surgery, North Yorkshire	<b>3.00 pm</b>	<b>Close and completion of evaluation forms</b>

## Registration form

Please complete this form or register online: [www.rsm.ac.uk/diary](http://www.rsm.ac.uk/diary)

**Palliative Care: The final frontier**  
Thursday 31 March – Friday 1 April 2011

Name (title, forename, surname)

Present appointment and institute

GMC No (for those requiring approval)

Address (or RSM Membership No)

Postcode

Daytime tel.

Email address

Please state any special needs or diet

Male  Female

**Payment details, please tick the appropriate box**  
**Earlybird fees expire Tuesday 1 March 2011**

RSM Members	Earlybird rates		Standard rates	
	1-day rate	2-day rate	1-day rate	2-day rate
Fellow	£85 <input type="checkbox"/>	£175 <input type="checkbox"/>	£100 <input type="checkbox"/>	£190 <input type="checkbox"/>
Associate	£65 <input type="checkbox"/>	£110 <input type="checkbox"/>	£80 <input type="checkbox"/>	£150 <input type="checkbox"/>
Trainee	£65 <input type="checkbox"/>	£120 <input type="checkbox"/>	£80 <input type="checkbox"/>	£150 <input type="checkbox"/>
Retired Fellow	£65 <input type="checkbox"/>	£120 <input type="checkbox"/>	£80 <input type="checkbox"/>	£150 <input type="checkbox"/>
Student	£25 <input type="checkbox"/>	£40 <input type="checkbox"/>	£40 <input type="checkbox"/>	£70 <input type="checkbox"/>
Non - RSM Members				
Consultant/GP	£135 <input type="checkbox"/>	£260 <input type="checkbox"/>	£165 <input type="checkbox"/>	£320 <input type="checkbox"/>
AHP/Nurse	£80 <input type="checkbox"/>	£150 <input type="checkbox"/>	£95 <input type="checkbox"/>	£170 <input type="checkbox"/>
Trainee	£80 <input type="checkbox"/>	£150 <input type="checkbox"/>	£95 <input type="checkbox"/>	£170 <input type="checkbox"/>
Student	£30 <input type="checkbox"/>	£50 <input type="checkbox"/>	£45 <input type="checkbox"/>	£80 <input type="checkbox"/>

**If attending one day only, please state which day:**  
 Thursday 31 March  Friday 1 April

**Please complete both sides of this form.**